

NOTE TO TEACHERS USING

Fun Food to Make and Eat

Thank you for using this video and text as a teaching tool with your students. While we have chosen stopping places and used broad questions to support student meaning-making, you may choose to use the video differently based on the needs of your students. Please feel free to stop and discuss what you feel is important for your students.

EXTENDING THINKING

Some possible discussions might include:

- *Some foods are fun to make and eat. What foods are fun for you to make and eat?*
- *Each recipe in this book has a list of ingredients and how much we need to use of each ingredient. Why is it important to have a list of ingredients in a recipe? Why is it important to tell how much of each ingredient you need to use?*
- *Each recipe in this book has steps to make the food. Why is it important to follow the steps of a recipe when making the food?*

FOLLOW-UP IDEAS

We have also included follow-up options for students to draw, write, make, or do. Please choose any of the suggestions you feel would benefit your students or create your own. Many of these ideas may also be used as assessment of student learning.



DRAW

Draw a picture of a healthy food that is fun to eat.

Getting thinking going:

- What ingredients will you need to make your healthy food?
- What steps will you take to make your healthy food?



WRITE

Write the recipe for your favorite family recipe.

Getting thinking going:

- What ingredients will you need?
- What steps will you need to follow?
- Which steps will you need an adult to help with?
- What symbol can you add to help your readers know to ask an adult for help?



MAKE

Create your own recipe book with your family's favorite recipes.

Getting thinking going:

- What recipes should you include?
- What ingredients will your recipe include? How much of each ingredient will you need?
- What steps will you include in each recipe? Will you need any help from an adult?



DO

Offer to help an adult make some food for yourself or someone.

Getting thinking going:

- What can you do to help?
- What would be important to keep in mind to be a good helper?

